

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Gavin Lancaster**

Has successfully participated & completed the

**Calf Race Cowhouse Cross Duathlon 2019 #3**

held at Cowhouse Market.

**TIME 00:09:17**

**PACE 6.46km/h**

**GENDER 5 of 5**

**OVERALL 8 of 10**

**1 TO 7 3 of 3**

02 June 2019, Sun

Date

*BoutTime*

Signature